Safer Spaces 101 offers an introduction to LGBTQ2S+ topics, including pronouns, the basics of sexuality, gender, and trans terminology, concepts including “phobias and isms”, cis-heterosexual privilege, and intersectionality, as well as some practical tips for using inclusive language and a Q&A period.

Safer Spaces 102 offers 3 different versions focusing on specific topics: intimate partner violence (IPV), youth, and seniors. All three versions go over tolerance versus acceptance, human rights in Canada, LGBTQ2S+ Canadian history, making physical spaces more welcoming, and a Q&A session.

* **Youth** 102 discusses statistics, supporting youth in schools, what youth need, making a space welcoming, and supporting students and their families.
* **IPV** 102 discusses same-sex couples in Canada, IPV in the LGBTQ2S+ community, gender-based violence and trauma informed approaches to LGBTQ2S+ populations.
* **Seniors** 102 discusses why the focus on seniors matters, the EGALE community consult, The Bridge’s own video project titled “Growing Up, Coming Out & Growing Old,” and lastly going over what we can do and making physical space welcoming. All three versions will include a brief break and a Q&A session at the end.

Safer Spaces 103 discusses microaggressions, violence, discrimination, mental and emotional health, substance abuse, and local research that focused on microaggressions and access to services in our community, followed by some practical steps to being an ally and a Q&A session.